

MAY/JUNE BREAKFAST MENUS

OFFERED DAILY:

CHOOSE 1 OR 2: FRUIT CUP, FRESH FRUIT, OR 100% JUICE (ONLY ONE JUICE)

YOGURT OFFERED WITH EACH BREAKFAST ENTRÉE

CHOOSE 1: UNFLAVORED OR FLAVORED LOWFAT OR NONFAT MILK

MONDAY, MAY 1

CHOOSE 1: BLUEBERRY WAFFLE
GOODY RING
CEREAL

TUESDAY, MAY 2

CHOOSE 1: CHICKEN BISCUIT
CHOCOLATE CHIP MUFFIN
CEREAL

WEDNESDAY, MAY 3

CHOOSE 1: FRENCH TOAST
STRAWBERRY BAGEL
CEREAL

THURSDAY, MAY 4

CHOOSE 1: BREAKFAST ON A STICK
BLUEBERRY MUFFIN
CEREAL

FRIDAY, MAY 5

CHOOSE 1: BREAKFAST PIZZA
APPLE FRUDEL
CEREAL

MONDAY, MAY 8

CHOOSE 1: CINNAMON RUSH FRENCH TOAST
SOFT COCOA CEREAL BAR
CEREAL

TUESDAY, MAY 9

CHOOSE 1: SAUSAGE BISCUIT
CHOCOLATE DONUT
CEREAL

WEDNESDAY, MAY 10

CHOOSE 1: CINNAMON ROLL
BLUEBERRY MUFFIN
CEREAL

THURSDAY, MAY 11

CHOOSE 1: HONEY BUN
MAPLE WAFFLES
CEREAL

FRIDAY, MAY 12

CHOOSE 1: BREAKFAST PIZZA
GOODY RING
CEREAL

MONDAY, MAY 15

CHOOSE 1: MINI CINNI'S
BB WAFFLES
CEREAL

TUESDAY, MAY 16

CHOOSE 1: BACON & EGG BISCUIT
GOODY RING
CEREAL

WEDNESDAY, MAY 17

CHOOSE 1: FRENCH TOAST
SOFT CTC CEREAL BAR
CEREAL

THURSDAY, MAY 19

CHOOSE 1: CINNAMON SNACK N' WAFFLE
SOFT CTC CEREAL BAR
CEREAL

FRIDAY, MAY 20

CHOOSE 1: BREAKFAST PIZZA
CHERRY FRUDEL
CEREAL

MONDAY, MAY 22

CHOOSE 1: GOODY RING
MAPLE PANCAKES
CEREAL

TUESDAY, MAY 23

CHOOSE 1: BISCUIT & GRAVY
YOGURT PARFIT
CEREAL

WEDNESDAY, MAY 24

CHOOSE 1: TRIPLE BERRY FRENCH TOAST
CHOCOLATE CHIP MUFFIN
CEREAL

THURSDAY, MAY 25

CHOOSE 1: SNACK N' WAFFLE
HONEY BUN
CEREAL

FRIDAY, MAY 26

CHOOSE 1: BREAKFAST PIZZA
APPLE FRUDEL
CEREAL

MONDAY, MAY 29

CHOOSE 1: BLUEBERRY WAFFLE
GOODY RING
CEREAL

TUESDAY, MAY 30

CHOOSE 1: CHICKEN BISCUIT
CHOCOLAT CHIP MUFFIN
CEREAL

WEDNESDAY, MAY 31

CHOOSE 1: FRENCH TOAST
STRAWBERRY BAGEL
CEREAL

THURSDAY, JUNE 1

CHOOSE 1: BREAKFAST ON A STICK
BLUEBERRY MUFFIN
CEREAL

MAY/JUNE LUNCH MENUS

SALAD BAR OFFERED DAILY

CHOOSE 1: UNFLAVORED/FLAVORED
LOWFAT/NONFAT MILK
OFFERED DAILY W/ EACH OPTION

MONDAY, MAY 1

CHOOSE 1: MEATLOAF OR PULLED PORK
W/ROLL
CHOOSE 1 OR 2: SIDWINDERS, PINTOS, SLAW
CHOOSE 1 OR 2: FRUIT COCKTAIL, FRESH FRUIT

TUESDAY, MAY 2

CHOOSE 1: HAMBURGER W/CHEESE OR FISH
ON BUN
CHOOSE 1 OR 2: FRENCH FRIES, LETTUCE,
TOMATOES, PICKLES, ONION, BAKED BEANS,
CHOOSE 1 OR 2: PEARS, FRESH FRUIT

WEDNESDAY, MAY 3

CHOOSE 1: CHEESE OR PEPPERONI PIZZA
CHOOSE 1 OR 2: GREEN BEANS, SALAD, DICED
TOMATOES
CHOOSE 1 OR 2: PEACHES, FRESH FRUIT

THURSDAY, MAY 4

CHOOSE 1: CHICKEN FRIES OR FISH STICKS, ROLL
CHOOSE 1 OR 2: CREAMED POTATOES,
CARROTS, PEAS
CHOOSE 1 OR 2: APPLESAUCE, FRESH FRUIT

FRIDAY, MAY 5

CHOOSE 1: CHEESESTICKS OR PEPPERONI PIZZA
CHOOSE 1 OR 2: SWEET POTATO FRIES,
CALIFORNIA BLEND VEGGIES, CUCUMBER
SLICES
CHOOSE 1 OR 2: PINEAPPLE TIDBITS, FRESH
FRUIT

MONDAY, MAY 8

CHOOSE 1: CHICKEN FILLET OR HAM & CHEESE
ON BUN
CHOOSE 1 OR 2: FRENCH FRIES, BAKED BEANS,
LETTUCE, TOMATO
CHOOSE 1 OR 2: TROPICAL FRUIT, FRESH FRUIT

TUESDAY, MAY 9

CHOOSE 1: CHEESE BITES OR BAKED POTATO
BAR W/ROLL
CHOOSE 1 OR 2: BROCCOLI, GREEN SALAD,
DICED TOMATO, CHEESE W/ BAKED POTATO
CHOOSE 1 OR 2: FRUIT COCKTAIL, FRESH FRUIT

WEDNESDAY, MAY 10

CHOOSE 1: RIB OR TURKEY & CHEESE ON BUN
CHOOSE 1 OR 2: TATER TOTS, CORN ON COB,
LETTUCE, TOMATO
CHOOSE 1 OR 2: DICED PEACHES, FRESH FRUIT

THURSDAY, MAY 11

CHOOSE 1: CHICKEN FRIES OR FISH STICK
W/ROLL
CHOOSE 1 OR 2: CREAMED POTATOES,
CARROTS, BRUSSEL SPROUTS
CHOOSE 1 OR 2: APPLESAUCE, FRESH FRUIT

FRIDAY, MAY 12

CHOOSE 1: LASAGNE W/BREADSTICK OR
PEPPERONI PIZZA
CHOOSE 1 OR 2: GREEN BEANS, SPINACH, DICED
TOMATOES
CHOOSE 1 OR 2: TROPICAL FRUIT, FRESH FRUIT

MONDAY, MAY 15

CHOOSE 1: SPICY CHICKEN OR HAM & CHEESE
ON BUN
CHOOSE 1 OR 2: SWEET POTATO FRIES,
CARROTTINES, LETTUCE, TOMATO
CHOOSE 1 OR 2: PEARS, FRESH FRUIT

TUESDAY, MAY 16

CHOOSE 1: MINI CORN DOG OR PEPPERONI PIZZA

CHOOSE 1 OR 2: GREEN BEANS, SWEET POTATOES, GREEN SALAD, DICED TOMATOES
CHOOSE 1 OR 2: PEACHES, FRESH FRUIT

WEDNESDAY, MAY 17

CHOOSE 1: CHILI CHEESE FRIES OR BAKED POTATO W/ROLL
CHOOSE 1 OR 2: BROCCOLI, GREEN SALAD, DICED TOMATOES, SOUR CREAM
CHOOSE 1 OR 2: TROPICAL FRUIT, FRESH FRUIT

THURSDAY, MAY 18

CHOOSE 1: CHICKEN FAJITA OR ENCHILADA
CHOOSE 1 OR 2: CORN, REFRIED BEANS, FAJITA VEGGIES, LETTUCE, TOMATOES, SALSA,
CHOOSE 1 OR 2: MIXED FRUIT, FRESH FRUIT

FRIDAY, MAY 19

CHOOSE 1: HAMBURGER W/CHEESE OR FISH ON BUN
CHOOSE 1 OR 2: FRENCH FRIES, LETTUCE, TOMATOES, PICKLES, ONION, BAKED BEANS,
CHOOSE 1 OR 2: FRUIT COCKTAIL, FRESH FRUIT

MONDAY, MAY 22

CHOOSE 1: CHICKEN OR FISH NUGGETS W/ ROLL
CHOOSE 1 OR 2: TATER TOTS, CARROTS, PINTOS
CHOOSE 1 OR 2: APPLESAUCE OR FRESH FRUIT

TUESDAY, MAY 23

CHOOSE 1: TACO SALAD OR HAM & CHEESE WRAP
CHOOSE 1 OR 2: LETTUCE, TOMATOES, REFRIED BEANS, SALSA, SOUR CREAM
CHOOSE 1 OR 2: TROPICAL FRUIT OR FRESH FRUIT

WEDNESDAY, MAY 24

CHOOSE 1: CHEESESTICKS OR PEPPERONI PIZZA
CHOOSE 1 OR 2: CORN, REDPEPPER STICKS, SPINACH, DICED TOMATOES
CHOOSE 1 OR 2: PINEAPPLE TIDBITS, FRESH FRUIT

THURSDAY, MAY 25

CHOOSE 1: SALISBURY STEAK OR MEATLOAF W/ ROLL
CHOOSE 1 OR 2: CREAMED POTATOES, GREEN BEANS, BROWN GRAVY
CHOOSE 1 OR 2: APPLESAUCE, FRESH FRUIT

FRIDAY, MAY 26

CHOOSE 1: CORN DOG OR BUFFALO CHICKEN BITES W/ ROLL
CHOOSE 1 OR 2: SWEET POTATO FRIES, CALIFORNIA BLEND VEGGIES, CUCUMBER SLICES
CHOOSE 1 OR 2: PEACHES, FRESH FRUIT

MONDAY, MAY 29

CHOOSE 1: CHICKEN QUESADILLA OR BEAN BURRITO
CHOOSE 1 OR 2: CORN, REFRIED BEANS, LETTUCE, DICED TOMATOES, SALSA, SOUR CREAM
CHOOSE 1 OR 2: PINEAPPLE TIDBITS, FRESH FRUIT

TUESDAY, MAY 30

CHOOSE_1: CHICKEN TENDERS W/ ROLL OR CHEESY PULL A-PARTS
CHOOSE 1 OR 2: TATER TOTS, CARROTS, PINTOS,
CHOOSE 1 OR 2: PEARS, FRESH FRUIT

WEDNESDAY, MAY 31

CHOOSE 1: TORTELLINI W/BREADSTICK OR CALZONE
CHOOSE 1 OR 2: GREEN BEANS, RED PEPPER STRIPS, SPINACH, DICED TOMATOES
CHOOSE 1 OR 2: MIXED FRUIT, FRESH FRUIT

THURSDAY, JUNE 1

CHOOSE 1: CHEESE OR PEPPERONI PIZZA
CHOOSE 1 OR 2: SALAD, DICED TOMATOES,
GREEN BEANS,
CHOOSE 1 OR 2: CANNED OR FRESH FRUIT

3RD MEAL FOR JANUARY

One of the following meal kits served daily;
(GHS students also receive daily an
V-Blend Juice)
Strawberry Milk

CHICKEN TENDER BITES, HONEY ROASTED SUNFLOWER
KERNELS, MJM TIKE WHEAT CRACKERS, CRAISINS, MANGO
OR DRAGON 100% V-8 JUICE

BEEF STICKS, SWISS CHEESE PLANK, CRAISINS,
HONEY GRAHAMS, V-BLEND JUICE

PEPPERONI STICK, MOZZARELLA CHEDDAR PLANK,
PIZZA CRACKERS, CRAISINS, MANOT OR DRAGON 100%
V-8 JUICE

HONEY ROASTED SUNFLOWER KERNELS, CHEDDAR CHEESE
CUP, TORTILLA STRIPS, SALSA, CRAISINS, SUNSET V-8 JUICE

**USDA IS AN EQUAL OPPORTUNITY PROVIDER AND
EMPLOYER.**

**THIS MENU IS SUBJECT TO CHANGE DUE TO THE
AVAILABILITY OF PRODUCTS.**