

MAY BREAKFAST MENUS

OFFERED DAILY:

CHOOSE 1 OR 2: FRUIT CUP, FRESH FRUIT, OR 100% JUICE (ONLY ONE JUICE)

YOGURT OFFERED WITH EACH BREAKFAST ENTRÉE

CHOOSE 1: UNFLAVORED OR FLAVORED LOWFAT OR NONFAT MILK

WEDNESDAY, MAY 1

CHOOSE 1: CHOCOLATE CHOCOLATE CHIP MUFFIN
STRAWBERRY PARFAIT
CEREAL

THURSDAY, MAY 2

CHOOSE 1: SNACK BUN
MAPLE WAFFLE
CEREAL

FRIDAY, MAY 3

CHOOSE 1: BREAKFAST PIZZA
APPLE FRUDEL
CEREAL

MONDAY, MAY 6

CHOOSE 1: MINI CINN'S
BLUEBERRY WAFFLES
CEREAL

TUESDAY, MAY 7

CHOOSE 1: BISCUIT AND GRAVY
STRAWBERRY BAGEL
CEREAL

WEDNESDAY, MAY 8

CHOOSE 1: FRENCH TOAST
SOFR CTC CEREAL BAR
CEREAL

THURSDAY, MAY 9

CHOOSE 1: CINNAMON SNACK N' WAFFLE
BLUEBERRY MUFFIN
CEREAL

FRIDAY, MAY 10

CHOOSE 1: BREAKFAST PIZZA
CINNAMON ROLL
CEREAL

MONDAY, MAY 13

CHOOSE 1: BLUEBERRY WAFFLE
GOODY RING
CEREAL

TUESDAY, MAY 14

CHOOSE 1: BACON & EGG BISCUIT
BLUEBERRY MUFFIN
CEREAL

WEDNESDAY, MAY 15

CHOOSE 1: SAUSAGE NUGGET
SNACK BUN
CEREAL

THURSDAY, MAY 16

CHOOSE 1: FRENCH TOAST
CHOCOLATE CHIP MUFFIN
CEREAL

FRIDAY, MAY 17

CHOOSE 1: BREAKFAST PIZZA
APPLE FRUDEL
CEREAL

MONDAY, MAY 20

CHOOSE 1: MANAGERS CHOICE

TUESDAY, MAY 21

CHOOSE 1: BISCUIT & GRAVY
BLUEBERRY MUFFIN
CEREAL

WEDNESDAY, MAY 22

CHOOSE 1: MANAGERS CHOICE

THURSDAY, MAY 23

CHOOSE 1: MANAGERS CHOICE

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

THIS MENU IS SUBJECT TO CHANGE DUE TO THE AVAILABILITY OF PRODUCTS.

MAY/JUNE LUNCH MENUS

SALAD BAR OFFERED DAILY

CHOOSE 1: UNFLAVORED/FLAVORED

LOWFAT/NONFAT MILK

OFFERED DAILY W/ EACH OPTION

WEDNESDAY, MAY 1

CHOOSE 1: HAMBURGER W/CHEESE OR FISH ON BUN

CHOOSE 1 OR 2: FRENCH FRIES, LETTUCE, TOMATOES, PICKLES, ONION, BAKED BEANS, CHOOSE 1 OR 2: FRUIT COCKTAIL, FRESH FRUIT

THURSDAY, MAY 2

CHOOSE 1: PEPPERONI OR CHEESE PIZZA
CHOOSE 1 OR 2: GREEN BEANS, SPINACH, DICED TOMATO, RED PEPPER STRIPS
CHOOSE 1 OR 2: PEACHES, FRESH FRUIT

FRIDAY, MAY 3

CHOOSE 1: CHICKEN FAJITA OR CRISPITO CHICKEN CHILI TOTILLAS
CHOOSE 1 OR 2: CORN, FIESTA BEANS, SALSA, SOUR CREAM, DICED TOMATOES, LETTUCE
CHOOSE 1 OR 2: TROPICAL FRUIT, FRESH FRUIT

MONDAY, MAY 6

CHOOSE 1: CHICKEN OR FISH NUGGETS W/ ROLL
CHOOSE 1 OR 2: TATER TOTS, CARROTS, CELERY
CHOOSE 1 OR 2: APPLESAUCE OR FRESH FRUIT

TUESDAY, MAY 7

CHOOSE 1: WALKING TACO OR HAM & CHEESE WRAP
CHOOSE 1 OR 2: LETTUCE, TOMATOES, REFRIED BEANS, SALSA, SOUR CREAM
CHOOSE 1 OR 2: TROPICAL FRUIT OR FRESH

WEDNESDAY, MAY 8

CHOOSE 1: HOT DOG ON BUN OR TURKEY & CHEESE ON BUN
CHOOSE 1 OR 2: FRENCH FRIES, CHILI, SLAW, BAKED BEANS
CHOOSE 1 OR 2: MIXED FRUIT, FRESH FRUIT

THURSDAY, MAY 9

CHOOSE 1: CHEESE STICK OR PEPPERONI PIZZA
CHOOSE 1 OR 2: CORN, SPINACH, DICED TOMATOES, RED PEPPER STRIPS
CHOOSE 1 OR 2: PEACHES, FRESH FRUIT

FRIDAY, MAY 10

CHOOSE 1: CORN DOG OR CHEESY PULL-A-PART
CHOOSE 1 OR 2: SWEET POTATO FRIES, CALI BLEND VEGGIES, CUCUMBER SLICES
CHOOSE 1 OR 2: PINEAPPLE TIDBITS, FRESH FRUIT

MONDAY, MAY 13

CHOOSE 1: CHICKEN QUESADILLA OR BEAN BURRITO
CHOOSE 1 OR 2: CORN, REFRIED BEANS, SALSA, SOUR CREAM
CHOOSE 1 OR 2: RED PEPPER STRIPS

TUESDAY, MAY 14

CHOOSE 1: RAVIOLI W/ BREADSTICK OR CALZONE
CHOOSE 1 OR 2: GREEN BEANS, RED PEPPER STRIP, SPINACH, DICED TOMATOES
CHOOSE 1 OR 2: MIXED FRUIT, FRESH FRUIT

WEDNESDAY, MAY 15

CHOOSE 1: CHICKEN TENDERS W/ ROLL OR CHEESY PULL A-PART
CHOOSE 1 OR 2: TWISTER FRIES, CARROTS, PINTOS
CHOOSE 1 OR 2: MANGO, FRESH FRUIT

THURSDAY, MAY 16

CHOOSE 1: CHEESE BITE OR BAKED POTATO W/ROLL
CHOOSE 1 OR 2: BROCCOLI, LETTUCE, DICED TOMATOES, SOUR CREAM
CHOOSE 1 OR 2: TROPICAL FRUIT, FRESH FRUIT

FRIDAY, MAY 17

CHOOSE 1: SALISBURY STEAK OR MEATLOAF W/ROLL
CHOOSE 1 OR 2: CREAMED POTATOES, CARROTS, GREEN BEANS
CHOOSE 1 OR 2: APPLESAUCE, FRESH FRUIT

MONDAY, MAY 20

CHOOSE 1: GENERAL TSO'S OR MANDRIAN ORANGE CHICKEN
CHOOSE 1 OR 2: FRIED RICE, BROCCOLI, CARROT
CHOOSE 1 OR 2: PINEAPPLE TIDBIT, FRESH FRUIT

TUESDAY, MAY 21

CHOOSE 1: CHEESESTICK OR CALZONE
CHOOSE 1 OR 2: GREEN BEANS, REDPEPPER STICKS, SPINACH, DICED TOMATOES
CHOOSE 1 OR 2: PEACHES, FRESH FRUIT

WEDNESDAY, MAY 22

CHOOSE 1: CHICKEN OR HAM & CHEESE ON BUN
CHOOSE 1 OR 2: TATER TOTS, BAKED BEANS, LETTUCE TOMATOES
CHOOSE 1 OR 2: TROPICAL FRUIT, FRESH FRUIT

THURSDAY, MAY 23

CHOOSE 1: CHEESE OR PEPPERONI PIZZA
CHOOSE 1 OR 2: CORN, SALAD, DICED TOMATOES, SLICED CUCUMBER
CHOOSE 1 OR 2: PEACHES, FRESH FRUIT

3RD MEAL FOR JANUARY

One of the following meal kits served daily;
(GHS students also receive daily an V-BLEND Juice)

EACH MEAL WILL INCLUDE:
CHEETOS OR DORITOS, SLICED APPLES,
CARROTS, CHEESE STICK, BEEF STICK, V-BLEND JUICE AND
FLAVORED MILK

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