Breakfast Menu November 2024 Galax Elementary School

Offered daily: Fruit, Juice, & Milk (1% unflavored or ff chocolate)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Pop Tart Or Cereal/Yogurt	2
3	4 Mini Choc Donuts Or Cereal/Yogurt	5 Chicken Biscuit Or Cereal/Yogurt	Oatmeal Or Cereal/Yogurt	7 Biscuit & Gravy Or Cereal/Yogurt	Choc. Chip Muffin Or Cereal/Yogurt	9
10	Mini Pancake/Syrup Or Cereal/Yogurt	Breakfast Pizza Or Cereal/Yogurt	Sausage Biscuit Or Cereal/Yogurt	Blueberry Muffin Or Cereal/Yogurt	Breakfast Bun Or Cereal/Yogurt	16
17	Cereal Bar Or Cereal/Yogurt	Steak Biscuit Or Cereal/Yogurt	French Toast Sticks Or Cereal/Yogurt	Mini Donuts Or Cereal/Yogurt	Pop Tart Or Cereal/Yogurt	23
24	Mini Blueberry Waffles Or Cereal/Yogurt	Benefit Bar Or Cereal/Yogurt	No School	No School	No School	30

USDA IS AN EQUAL OPPORTUNITY AND EMPLOYER

Galax Elementary School

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Beef Taco Or Chicken Taco Refried Beans Taco Sauce/Salsa	2
3	Biscuit & Gravy Or French Toast Sticks/Syrup Potato Rounds or Veggie Juice	Mini Corndogs Or Pepperoni Pizza Broccoli w/Cheese Mixed Vegetables Cookie	Chicken Taco Salad Or Beef Taco Salad Lettuce/Tomato Salsa Cup	7 Chicken Fried Steak Or Meatloaf/WG Roll Mashed Potatoes Pepper Gravy Asparagus	Chicken Drummies Or Cheeseburger/WG Bun Fresh Romaine and Cabbage Mixed Green Beans	9
10	Crispitos Or Burrito Fiesta Beans Refried Beans Taco Sauce	Chicken Fries Or Breaded Cheese Sticks Peas Corn	Spaghetti/meat sauce/bread stick Or Pizza Green Beans Caesar Salad	Chicken Strips Or Grilled Cheese Broccoli Carrots	Corn Dog Or Max Sticks Sweet Potato Puffs Chateau Blend	16
17	Chicken Sandwich Or Fish Sandwich Sweet Potato Fries Peas & Carrots	Cheese Pizza Or Ham & Cheese Sub Corn on Cob or Green Beans	Cheese Wedges Or Nachos Romaine Salad/Ranch or Carrots/Ranch WG Cookie	Orange Chicken Or General Tso Chicken Fried Rice Broccoli Oriental Vegetables	Turkey Stuffing Green Beans Mashed Potatoes Gravy Roll Dessert	23
24	Fish Sticks Or Cheesy Bites Corn or Carrots Tater Sauce or Marinara Sauce	26 BBQ Chicken on Bun Or Hamburger Tater Wedges Baked Beans	No School	No School	No School	30

Monday:	Tuesday:	Wednesday:	Thursday:	Friday:
Cheez Its, Turkey	Frito's, Salsa, Cheese	Gold Fish, Veggie	Cereal Bar, Carrots,	Tiger Grahams,
Sticks, Sunflower	Sticks, Sunflower	Juice, Beef Sticks,	Sunflower Seeds,	Turkey Stick, Beef
Seeds, Craisins,	Seeds, Apple Crisps, &	Sunflower Seeds,	Cheese Sticks, Apple	Stick, Sunflower
Veggie Juice, & Milk	Milk	Craisins, & Milk	Crisps, & Milk	Seeds, Veggie Juice,
				Craisins, & Milk