

DECEMBER BREAKFAST MENUS

OFFERED DAILY:

CHOOSE 1: UNFLAVORED OR FLAVORED
LOWFAT OR NONFAT MILK

CHOOSE 1 OR 2: FRUIT CUP, FRESH FRUIT, OR 100%
JUICE (ONLY ONE JUICE)
YOGURT OFFERED WITH EACH BREAKFAST ENTRÉE

GRAB AND GO BREAKFAST ALSO OFFERED DAILY IN THE HALLWAY

MONDAY, DECEMBER 2

CHOOSE 1: MINI CINNI'S OR
BLUEBERRY WAFFLES
CEREAL

TUESDAY, DECEMBER 3

CHOOSE 1: FRENCH TOAST OR
SOFT CTC CEREAL BAR
CEREAL

WEDNESDAY, DECEMBER 4

CHOOSE 1: BISCUIT & GRAVY OR
GOODY RING
CEREAL

THURSDAY, DECEMBER 5

CHOOSE 1: CINNAMON SNACK N' WAFFLE
BLUEBERRY MUFFIN
CEREAL

FRIDAY, DECEMBER 6

CHOOSE 1: BREAKFAST PIZZA OR
APPLE FRUDEL
CEREAL

MONDAY, DECEMBER 9

CHOOSE 1: GOODY RING OR
BLUEBERRY WAFFLES
CEREAL

TUESDAY, DECEMBER 10

CHOOSE 1: TRIX WAFFLES OR
PARFAIT
CEREAL

WEDNESDAY, DECEMBER 11

CHOOSE 1: CHICKEN BISCUIT OR
CHOCOLATE CHIP MUFFIN
CEREAL

THURSDAY, DECEMBER 12

CHOOSE 1: SNACK N' WAFFLE OR
HONEY BUN
CEREAL

FRIDAY, DECEMBER 13

CHOOSE 1: BREAKFAST PIZZA OR
CINNAMON ROLL
CEREAL

MONDAY, DECEMBER 16

CHOOSE 1: BLUEBERRY WAFFLE OR
GOODY RING
CEREAL

TUESDAY, DECEMBER 17

CHOOSE 1: SAUSAGE NUGGET OR
CHOCOLATE CHIP MUFFIN
CEREAL

WEDNESDAY, DECEMBER 18

CHOOSE 1: BISCUIT & GRAVY OR
BLUEBERRY MUFFIN
CEREAL

THURSDAY, DECEMBER 19

CHOOSE 1: FRENCH TOAST OR
STRAWBERRY BAGEL
CEREAL

FRIDAY, DECEMBER 20

CHOOSE 1: BREAKFAST PIZZA OR
APPLE FRUDEL
CEREAL

SCHOOLS WILL BE CLOSED DECEMBER 23rd THROUGH JANUARY 3rd FOR CHRISTMAS BREAK

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND
EMPLOYER.

NOTE: THIS MENU IS SUBJECT TO CHANGE DUE TO
AVAILABILITY OF PRODUCTS.

GALAX MIDDLE/HIGH SCHOOLS

DECEMBER LUNCH MENU

OFFERED DAILY: SALAD BAR OPTION

DAILY CHOICE 1: UNFLAVORED/FLAVORED
LOWFAT/NONFAT MILK

MONDAY, DECEMBER 2

CHOOSE 1: MEATLOAF OR PULLED PORK W/
CORNBREAD
CHOOSE 1 OR 2: SIDEWINDERS, PINTOS, SLAW
CHOOSE 1 OR 2: FRUIT COCKTAIL, FRESH FRUIT

TUESDAY, DECEMBER 3

CHOOSE 1: PEPPERONI OR CHEESE PIZZA
CHOOSE 1 OR 2: GREEN BEANS, RED PEPPER STRIPS,
SPINACH, DICED TOMATOES
CHOOSE 1 OR 2: PEACHES, FRESH FRUIT

WEDNESDAY, DECEMBER 4

CHOOSE 1: HAMBURGER W/ CHEESE OR FISH ON
BUN
CHOOSE 1 OR 2: FRENCH FRIES, BAKED BEANS,
LETTUCE, TOMATO, ONIONS, PICKLE CHIPS
CHOOSE 1 OR 2: PEARS, FRESH FRUIT

THURSDAY, DECEMBER 5

CHOOSE 1: CHICKEN FRIES OR FISH STICKS W/ROLL
CHOOSE 1 OR 2: BABY BAKERS, CARROTS, PEAS
CHOOSE 1 OR 2: APPLESAUCE, FRESH FRUIT

FRIDAY, DECEMBER 6

CHOOSE 1: BREADED CHEESE STICK OR PIZZABOLI
CHOOSE 1 OR 2: SWEET POTATO FRIES, CALI BLEND
VEGGIES, CUCUMBER SLICES
CHOOSE 1 OR 2: PINEAPPLE TIDBITS, FRESH FRUIT

MONDAY, DECEMBER 9

CHOOSE 1: CHICKEN OR FISH NUGGETS W/ ROLL
CHOOSE 1 OR 2: TATER TOTS, CARROTS, CELERY
CHOOSE 1 OR 2: FRUIT COCKTAIL, FRESH FRUIT

TUESDAY, DECEMBER 10

CHOOSE 1: WALKING TACO OR HAM & CHEESE
WRAP
CHOOSE 1 OR 2: LETTUCE TOMATO, SALSA, BLACK
BEANS, SOUR CREAM
CHOOSE 1 OR 2: PEACHES, FRESH FRUIT

WEDNESDAY, DECEMBER 11

CHOOSE 1: CHEESE STICKS OR PIZZABOLI
CHOOSE 1 OR 2: CORN, RED PEPPERS, LETTUCE,
TOMATOES
CHOOSE 1 OR 2: MANDARIN ORANGES, FRESH FRUIT

THURSDAY, DECEMBER 12

CHOOSE 1: SALISBURY STEAK W/GRAVY OR
MEATLOAF W/ROLL
CHOOSE 1 OR 2: CREAMED POTATOES, GREEN
BEANS, CARROTS
CHOOSE 1 OR 2: APPLESAUCE, FRESH FRUIT

FRIDAY, DECEMBER 13

CHOOSE 1: CORN DOG OR CHEESY PULL-A-PART
CHOOSE 1 OR 2: SWEET POTATO FRIES, CALI BLEND
VEGGIES, CUCUMBER SLICES
CHOOSE 1 OR 2: PINEAPPLE TIDBITS, FRESH FRUIT

MONDAY, DECEMBER 16

CHOOSE 1: CHICKEN FILIT OR HAM & CHEESE ON
BUN
CHOOSE 1 OR 2: FRENCH FRIES, BAKED BEANS,
LETTUCE, SLICED TOMATOES
CHOOSE 1 OR 2: PEARS, FRESH FRUIT

TUESDAY DECEMBER 17

CHOOSE 1; CHEESE BITES OR BAKED POTATOES
W/ROLL
CHOOSE 1 OR 2: BROCCOLI, CHEESE, LETTUCE,
TOMATOES, SOUR CREAM, BUTTER
CHOOSE 1 OR 2: MANDARIN ORANGES, FRESH FRUIT

WEDNESDAY, DECEMBER 18

CHOOSE 1: RIB OR TURKEY & CHEESE ON BUN
CHOOSE 1 OR 2: TATER TOTS, CORN ON COB,
LETTUCE, SLICED TOMATO
CHOOSE 1 OR 2: FRUIT COCKTAIL, FRESH FRUIT

THURSDAY, DECEMBER 19

CHRISTMAS DINNER
BAKED HAM, CREAMED POTATOES,
GREENS BEANS BAKED APPLES, ROLLS,
DESSERT

FRIDAY, DECEMBER 20

CHOOSE 1: CHEESE OR PEPPERONI PIZZA
CHOOSE 1 OR 2: CORN, CUCUMBER SLICES, BABY
CARROTS
CHOOSE 1 OR 2: APPLESAUCE OR FRESH FRUIT

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THROUGH JANUARY 3RD FOR CHRISTMAS BREAK

*****MERRY CHRISTMAS*****

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3RD MEAL FOR DECEMBER

EACH MEAL WILL INCLUDE:
CHEETOS OR DORITOS, SLICED APPLES,
CARROTS, CHEESE STICK, BEEF STICK, V-
BLEND JUICE AND FLAVORED MILK