Offered Daily: Fruit, Juice, & Milk (1% unflavored or ff chocolate)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			No School	No School	No School	4
5	6 Mini Blueberry Waffles Or Cereal/Yogurt	7 Benefit Bar Or Cereal/Yogurt	8 Chicken Biscuit Or Cereal/Yogurt	9 WG Biscuit & Gravy Or Cereal/Yogurt	Mini Triple Berry French Toast Or Cereal/Yogurt	11
12	Breakfast Burrito Or Cereal/Yogurt	Goody Ring Or Cereal/Yogurt	Breakfast Pizza Or Cereal/Yogurt	Sausage Corn Dog Or Cereal/Yogurt	Pop-Tart Or Cereal/Yogurt	18
19	No School	Chicken Biscuit Or Cereal/Yogurt	Oatmeal/Toast Or Cereal/Yogurt	WG Biscuit & Gravy Or Cereal/Yogurt	Choc. Chip Muffin Or Cereal/Yogurt	25
26	Mini Pancake/Syrup Or Cereal/Yogurt	Breakfast Pizza Or Cereal/Yogurt	Sausage Biscuit Or Cereal/Yogurt	Blueberry Muffin Or Cereal/Yogurt	31 Breakfast Bun Or Cereal/Yogurt	

USDA IS AN EQUAL OPPORTUNITY AND EMPLOYER

Galax Elementary

Offered Daily: Fruit & Milk (1% unflavored or ff chocolate)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			No School	No School	No School	4
5	Fish Sticks Or Cheesy Bites Corn or Carrots Tartar Sauce or Marinara	7 BBQ Chicken on Bun Or Hamburger Tater Wedges Baked Beans	Chicken Nuggets Or Country Fried Steak/Pepper Gravy Steamed Broccoli Mashed Potatoes Roll	Cheese Quesadilla Or Lasagna/Garlic Stick Tossed Salad Green Beans	Mozz Stuffed Brd Stick Or Chicken Dings Baby Bakers Carrots	11
12	Cheese Pizza Or Chicken Strips Chateau Blend Sweet Potato Fries Cookie	Hot Dog on Bun Or BBQ (pork) Sandwich Cole Slaw Tater Tots	Mac N Cheese Or Salisbury Steak/Gravy Mashed Potatoes Green Beans	Rib Patty w/Roll Or Popcorn Chicken/BBQ Sauce Baked Beans Broccoli & Cauliflower	Beef Taco Or Chicken Taco Lettuce/Tomato Refried Beans Taco Sauce/Salsa	18
19	No School	Mini Corndogs Or Pepperoni Pizza Broccoli w/Cheese Mixed Vegetables Cookie	Chicken Taco Salad Or Beef Taco Salad Lettuce/Tomato Salsa Cup	Chicken Fried Steak Or Meatloaf/ WG Roll Mashed Potatoes Pepper Gravy Asparagus	Chicken Drummies Or Cheeseburger/WG Bun Fresh Romaine and Cabbage Mix Green Beans	25
26	Crispitos Or Burrito Fiesta Beans Refried Beans Taco Sauce	Chicken Fries Or Breaded Cheese Sticks Peas Corn	Spaghetti/Meat Sauce/Bread Stick Or Pizza Green Beans Caesar Salad	Chicken Strips Or Grilled Cheese Broccoli Carrots	Corn Dog Or Max Sticks Sweet Potato Puffs Chateau Blend	

3rd Meal Menu

Monday:	Tuesday:	Wednesday:	Thursday:	Friday:
Cheez It's, Turkey Sticks,	Frito's, Salsa, Cheese	Gold Fish, Veggie Juice,	Cereal Bar, Carrots,	Tiger Grahams, Turkey
Sunflower Seeds,	Sticks, Sunflower Seeds,	Beef Sticks, Sunflower	Sunflower Seeds, Cheese	Stick, Beef Stick,
Craisins, Veggie Juice, &	Apple Crisps, & Milk	Seeds, Craisins, & Milk	Sticks, Apple Crisps, &	Sunflower Seeds, Veggie
Milk	·		Milk	Juice, Craisins, & Milk