

APRIL LUNCH MENU

SALAD BAR OFFERED DAILY

CHOOSE 1: UNFLAVORED/FLAVORED
LOWFAT/NONFAT MILK
OFFERED DAILY W/ EACH OPTION

TUESDAY, APRIL 1

CHOOSE 1: BEEF OR CHICKEN TACO'S
CHOOSE 1 OR 2: LETTUCE, CHEESE, DICED
TOMATOES, SALSA, FIESTA BEANS
CHOOSE 1 OR 2: PEACHES, FRESH FRUIT

WEDNESDAY, APRIL 2

CHOOSE 1: SPICY CHICKEN OR HAM &
CHEESE ON BUN
CHOOSE 1 OR 2: SWEET POTATO FRIES,
BROCCOLI, CARROTTINES
CHOOSE 1 OR 2: PEACHES, FRESH FRUIT

THURSDAY, APRIL 3

CHOOSE 1: HAMBURGER W/CHEESE OR FISH
ON W/G BUN
CHOOSE 1 OR 2: FRENCH FRIES, BAKED BEANS,
LETTUCE, TOMATO, ONION, PICKLE CHIPS
CHOOSE 1 OR 2: PEACHES, FRESH FRUIT

FRIDAY, APRIL 4

CHOOSE 1: CHICKEN FAJITA OR HAM & CHEESE
WRAP
CHOOSE 1 OR 2: CORN, FAJITA VEGGIES,
REFRIED BEANS, SALSA, SOUR CREAM
CHOOSE 1 OR 2: PINEAPPLE TIDBITS, FRESH
FRUIT

MONDAY, APRIL 7

CHOOSE 1: CHICKEN OR FISH NUGGETS W/ROLL
CHOOSE 1 OR 2: TATER TOTS, CARROTS, CELERY
CHOOSE 1 OR 2: TROPICAL FRUIT, FRESH FRUIT

TUESDAY, APRIL 8

CHOOSE 1: WALKING TACO OR TURKEY &
CHEESE WRAP
CHOOSE 1 OR 2: SHRED CHEESE, LETTUCE,
DICED TOMATOES, REFRIED BEANS
CHOOSE 1 OR 2: MIXED FRUIT, FRESH FRUIT

WEDNESDAY, APRIL 9

CHOOSE 1: CHEESESTICK OR PEPPERONI PIZZA
CHOOSE 1 OR 2: CORN, SPINACH, DICED
TOMATOES, RED PEPPER STRIPS
CHOOSE 1 OR 2: PEACHES, FRESH FRUIT

THURSDAY, APRIL 10

CHOOSE 1: SALISBURY STEAK OR MEATLOAF
W/ROLL
CHOOSE 1 OR 2: CREAMED POTATOES, GREEN
BEANS, CARROTS
CHOOSE 1 OR 2: APPLESAUCE OR FRESH FRUIT

FRIDAY, APRIL 11

CHOOSE 1: CORN DOG OR CHEESY PULL-A-PART
CHOOSE 1 OR 2: SWEET POTATO FRIES, CALI
BLEND VEGGIES
CHOOSE 1 OR 2: PINEAPPLE TIDBITS, FRESH
FRUIT

MONDAY, APRIL 14

CHOOSE 1: PULLED PORK ON BUN OR TURKEY &
CHEESE WRAP
CHOOSE 1 OR 2: SIDEWINDER, BAKED BEANS,
SLAW, LETTUCE, SLICED TOMATO
CHOOSE 1 OR 2: FRUIT COCKTAIL, FRESH FRUIT

TUESDAY, APRIL 15

CHOOSE 1: CHICKEN ALFREDO W/BREADSTICK
OR CHEESY PULL-A-PART
CHOOSE 1 OR 2: BROCCOLI, RED PEPPER STRIPS,
SPINACH, DICED TOMATOES
CHOOSE 1 OR 2: MIXED FRUIT, FRESH FRUIT

WEDNESDAY, APRIL 16

EASTER MEAL

CHOOSE 1: BAKED HAM W/ ROLL

CHOOSE 1 OR 2: CREAMED POTATOES, GREEN BEANS

CHOOSE 1 OR 2: BAKED APPLES, FRESH FRUIT

THURSDAY, APRIL 17

CHOOSE 1: PEPPERONI OR CHEESE PIZZA

CHOOSE 1 OR 2: CORN, RED PEPPER STRIPS, SPINACH, DICED TOMATOES

CHOOSE 1 OR 2: MIXED FRUIT, FRESH FRUIT

*****CLOSED FRIDAY, APRIL 18TH AND MONDAY
APRIL 21ST FOR EASTER*****

TUESDAY, APRIL 22

CHOOSE 1: CHEESE BITES OR BAKED POTATO BAR W/ROLL

CHOOSE 1 OR 2: BROCCOLI, LETTUCE, DICED TOMATOES, SOUR CREAM, BUTTER, SHREDDED CHEESE

CHOOSE 1 OR 2: MIXED FRUIT, FRESH FRUIT

WEDNESDAY, APRIL 23

CHOOSE 1: RIB OR TURKEY & CHEESE ON BUN

CHOOSE 1 OR 2: TATER TOTS, CORN ON COB, LETTUCE, TOMATOES, PICKELS

CHOOSE 1 OR 2:

THURSDAY, APRIL 24

CHOOSE 1: CHICKEN FRIES OR FISH STICKS W/ROLL

CHOOSE 1 OR 2: CREAMED POTATOES, CARROTS, BRUSSEL SPROUTS

CHOOSE 1 OR 2: APPLESAUCE, FRESH FRUIT

FRIDAY, APRIL 25

CHOOSE 1: LASAGNA W/BREADSTICK OR PIZZABOLI

CHOOSE 1 OR 2: GREEN BEANS, SPINACH, DICED TOMATOES

CHOOSE 1 OR 2: TROPICAL FRUIT, FRESH FRUIT

MONDAY, APRIL 28

CHOOSE 1: SPICY CHICKEN OR HAM & CHEESE ON BUN

CHOOSE 1 OR 2: SWEET POTATO FRIES, CALI BLEND VEGGIES, LETTUCE, TOMATOES

CHOOSE 1 OR 2: PEACHES, FRESH FRUIT

TUESDAY, APRIL 29

CHOOSE 1: MINI CORN DOGS OR PEPPERONI PIZZA

CHOOSE 1 OR 2: CORN, SWEET POTATOES, GREEN SALAD, DICED TOMATOES

CHOOSE 1 OR 2: PEARS, FRESH FRUIT

WEDNESDAY, APRIL 30

CHOOSE 1: GENERAL TSO'S OR MANDARIN ORANGE CHICKEN

CHOOSE 1 OR 2: FRIED RICE, BROCCOLI, CARROTS

CHOOSE 1 OR 2: PINEAPPLE TIDBITS, FRESH FRUIT

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

THIS MENU IS SUBJECT TO CHANGE DUE TO THE AVAILABILITY OF PRODUCTS.

3RD MEAL FOR DECEMBER

One of the following meal kits served daily with milk

(GHS students also receive daily a V-Blend Juice)

CHEETOS OR DORITOS, W/ CARROTS, APPLES, BEEF STICK, CHEESE STICK AND CHOCOLATE MILK

