

MAY/JUNE LUNCH MENUS

021SALAD BAR OFFERED DAILY

CHOOSE 1: UNFLAVORED/FLAVORED
LOWFAT/NONFAT MILK
OFFERED DAILY W/ EACH OPTION

THURSDAY, MAY 1

CHOOSE 1: CHICKEN FAJITA OR BEAN BURRITO
CHOOSE 1 OR 2: CORN, FIESTA BEANS, SALSA,
SOUR CREAM, DICED TOMATOES, LETTUCE
CHOOSE 1 OR 2: TROPICAL FRUIT, FRESH FRUIT

FRIDAY, MAY 2

CHOOSE 1: PEPPERONI OR CHEESE PIZZA
CHOOSE 1 OR 2: GREEN BEANS, SPINACH, DICED
TOMATO, RED PEPPER STRIPS
CHOOSE 1 OR 2: PEACHES, FRESH FRUIT

MONDAY, MAY 5

CHOOSE 1: CHICKEN OR FISH NUGGETS W/
ROLL
CHOOSE 1 OR 2: TATER TOTS, CARROTS, CELERY
CHOOSE 1 OR 2: APPLESAUCE OR FRESH FRUIT

TUESDAY, MAY 6

CHOOSE 1: WALKING TACO OR HAM & CHEESE
WRAP
CHOOSE 1 OR 2: LETTUCE, TOMATOES, REFRIED
BEANS, SALSA, SOUR CREAM
CHOOSE 1 OR 2: MIXED FRUIT, FRESH

WEDNESDAY, MAY 7

CHOOSE 1: CHEESE STICK OR PEPPERONI PIZZA
CHOOSE 1 OR 2: CORN, SPINACH, DICED
TOMATOES, RED PEPPER STRIPS
CHOOSE 1 OR 2: PEACHES, FRESH FRUIT

THURSDAY, MAY 8

CHOOSE 1: SALISBURY STEAK OR MEATLOAF
W/ROLLS
CHOOSE 1 OR 2: CREAMED POTATOES, GREEN
BEANS, CARROTS
CHOOSE 1 OR 2: APPLESAUCE, FRESH FRUIT

FRIDAY, MAY 9

CHOOSE 1: CORN DOG OR CHEESY PULL-A-PART
CHOOSE 1 OR 2: SWEET POTATO FRIES, CALI
BLEND VEGGIES, CUCUMBER SLICES
CHOOSE 1 OR 2: PINEAPPLE TIDBITS, FRESH
FRUIT

MONDAY, MAY 12

CHOOSE 1: CHICKEN OR CHEESE QUESADILLA
CHOOSE 1 OR 2: CORN, LETTUCE, DICED
TOMATOES, REFIRED BEANS, SALSA, SOUR
CREAM
CHOOSE 1 OR 2: PEACHES, FRESH FRUIT

TUESDAY, MAY 13

CHOOSE 1: RAVIOLI W/BREADSTICK OR
CALZONE
CHOOSE 1 OR 2: GREEN BEANS, SPINACH DICED
TOMATOES, RED PEPPER STRIPS
CHOOSE 1 OR 2: MANDARIN ORANGES, FRESH
FRUIT

WEDNESDAY, MAY 14

CHOOSE 1: CHICEKN TENDERS W/ ROLL OR
CHEESY PULL A-PART
CHOOSE 1 OR 2: SWEET POTATO FRIES,
CARROTS, PINTOS
CHOOSE 1 OR 2: MANGO, FRESH FRUIT

THURSDAY, MAY 15

CHOOSE 1: HOT DOG ON BUN OR TURKEY &
CHEESE ON BUN
CHOOSE 1 OR 2: FRENCH FRIES, CHILI, SLAW
CHOOSE 1 OR 2: PEACHES, FRESH FRUIT

FRIDAY, MAY 16

CHOOSE 1: POPCORN CHICKEN OR FISH STICKS
W/ROLLS
CHOOSE 1 OR 2: BABY BAKERS, CARROTS,
BRUSSEL SPROUTS
CHOOSE 1 OR 2: APPLESAUCE, FRESH FRUIT

MONDAY, MAY 19

CHOOSE 1: MEATLOAF OR PULLED PORK
W/CORNBREAD

CHOOSE 1 OR 2: SIDEWINDERS, PINTOS, SLAW
CHOOSE 1 OR 2: MIXED FRUIT, FRESH FRUIT

TUESDAY, MAY 20

CHOOSE 1: PEPPERONI OR CHEESE PIZZA

CHOOSE 1 OR 2: CORN, LETTUCE, DICED
TOMATOES, CUCUMBER SLICES

CHOOSE 1 OR 2: APPLESAUCE, FRESH FRUIT

WEDNESDAY, MAY 21

CHOOSE 1: HAMBURGER W/ CHEESE OR FISH
ON BUN

CHOOSE 1 OR 2: FRENCH FRIES, LETTUCE,
TOMATOES, ONIONS, PICKLE CHIPS

CHOOSE 1 OR 2: PINEAPPLE TIDBITS, FRESH
FRUIT

THURSDAY, MAY 22

CHOOSE 1: CHICKEN ALFREDO W/BREADSTICK
OR CALZONE

CHOOSE 1 OR 2: BROCCOLI, SPINACH, DICED
TOMATOES

CHOOSE 1 OR 2: TROPICAL FRUIT, FRESH FRUIT

FRIDAY, MAY 23

CHOOSE 1: BISCUITS & GRAVY OR PANCAKES

CHOOSE 1 OR 2: SAUSAGE, EGGS, TATER TOT

CHOOSE 1 OR 2: APPLES, FRESH FRUIT

CLOSED MONDAY MAY 26TH

FOR MEMORIAL DAY

TUESDAY, MAY 27

MANAGER'S CHOICE

WEDNESDAY, MAY 28

MANAGER'S CHOICE

3RD MEAL FOR JANUARY

One of the following meal kits served daily;
(GHS students also receive daily an
V-BLEND Juice)

EACH MEAL WILL INCLUDE:

CHEETOS OR DORITOS, SLICED APPLES,
CARROTS, CHEESE STICK, BEEF STICK, V-BLEND JUICE AND
FLAVORED MILK

**USDA IS AN EQUAL OPPORTUNITY PROVIDER AND
EMPLOYER.**

**THIS MENU IS SUBJECT TO CHANGE DUE TO THE
AVAILABILITY OF PRODUCTS.**

MAY BREAKFAST MENUS

OFFERED DAILY:

CHOOSE 1 OR 2: FRUIT CUP, FRESH FRUIT, OR 100% JUICE (ONLY ONE JUICE)

YOGURT OFFERED WITH EACH BREAKFAST ENTRÉE

CHOOSE 1: UNFLAVORED OR FLAVORED LOWFAT OR NONFAT MILK

THURSDAY, MAY 1

CHOOSE 1: MAPLE WAFFLES
CHOCOLATE CHIP MUFFIN
CEREAL

FRIDAY, MAY 2

CHOOSE 1: BREAKFAST PIZZA
CINNAMON ROLL
CEREAL

MONDAY, MAY 5

CHOOSE 1: MINI CINN'S
SNACK BUN
CEREAL

TUESDAY, MAY 6

CHOOSE 1: FRENCH TOAST
CTC SOFT CEREAL BAR
CEREAL

WEDNESDAY, MAY 7

CHOOSE 1: BISCUIT & GRAVY
BLUEBERRY MUFFIN
CEREAL

THURSDAY, MAY 8

CHOOSE 1: SNACK N' WAFFLE
POWERED DONUT
CEREAL

FRIDAY, MAY 9

CHOOSE 1: BREAKFAST PIZZA
APPLE FRUDEL
CEREAL

MONDAY, MAY 12

CHOOSE 1: MAPLE PANCAKE
W/ SAUSAGE LINK
CHOCOLATE DONUT
CEREAL

TUESDAY, MAY 13

CHOOSE 1: TRIX FRENCH TOAST
FRUIT PARFAIT
CEREAL

WEDNESDAY, MAY 14

CHOOSE 1: CHICKEN BISCUIT
CHOCOLATE CHIP MUFFIN
CEREAL

THURSDAY, MAY 15

CHOOSE 1: BREAKFAST BURRITO
MINI CINN'S
CEREAL

FRIDAY, MAY 16

CHOOSE 1: BREAKFAST PIZZA
CINNAMON ROLL
CEREAL

MONDAY, MAY 19

CHOOSE 1: BLUEBERRY WAFFLES
W/SAUSAGE LINK
GOODY RING
CEREAL

TUESDAY, MAY 20

CHOOSE 1: SAUSAGE NUGGETS
CHOCOLATE CHIP MUFFIN
CEREAL

WEDNESDAY, MAY 21

CHOOSE 1: BISCUIT & GRAVY
SNACK BUN
CEREAL

THURSDAY, MAY 22

CHOOSE 1: FRENCH TOAST

STRAWBERRY BAGEL

CEREAL

FRIDAY, MAY 23

MANAGER'S CHOICE

**MONDAY, MAY 26TH CLOSED FOR
MEMORIAL DAY**

TUESDAY, MAY 27

MANAGER'S CHOICE

WEDNESDAY, MAY 28

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